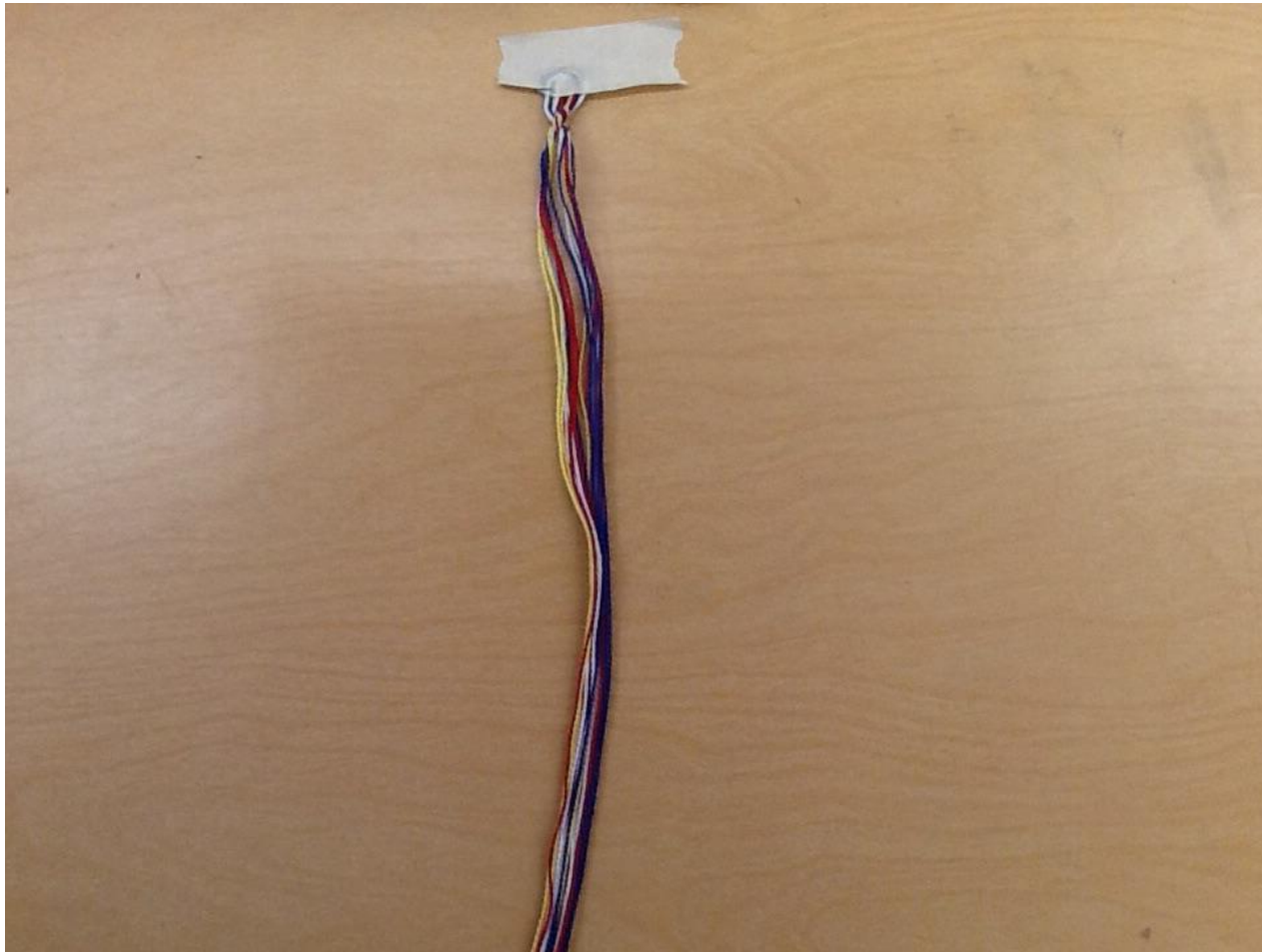


Bracelet « ceinture fléchée »

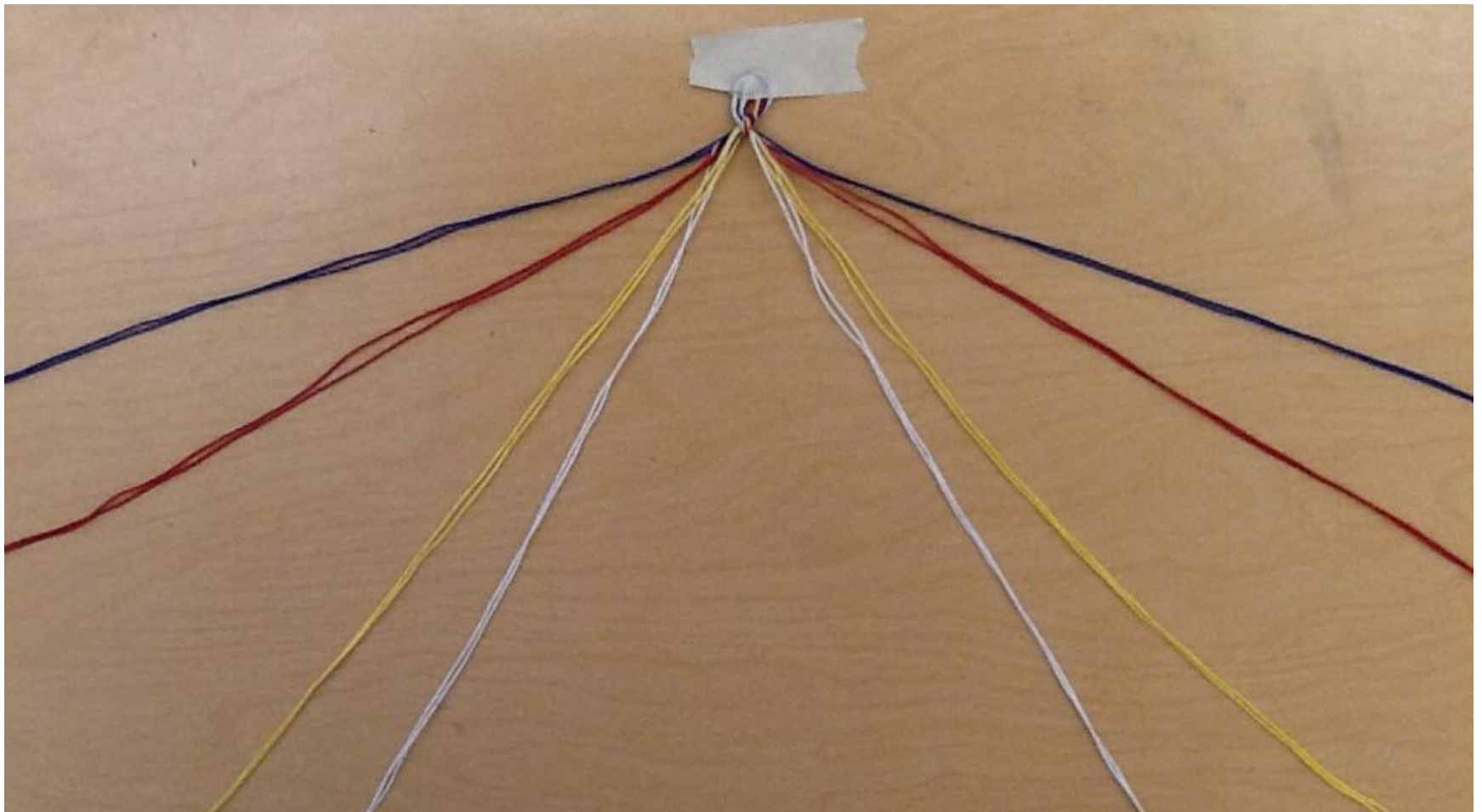


A ceinture fléchée at Fort Langley National Historic Site | Source=self-made | Date=Aug 13, 2006 | Author= [Themightyquill](#)

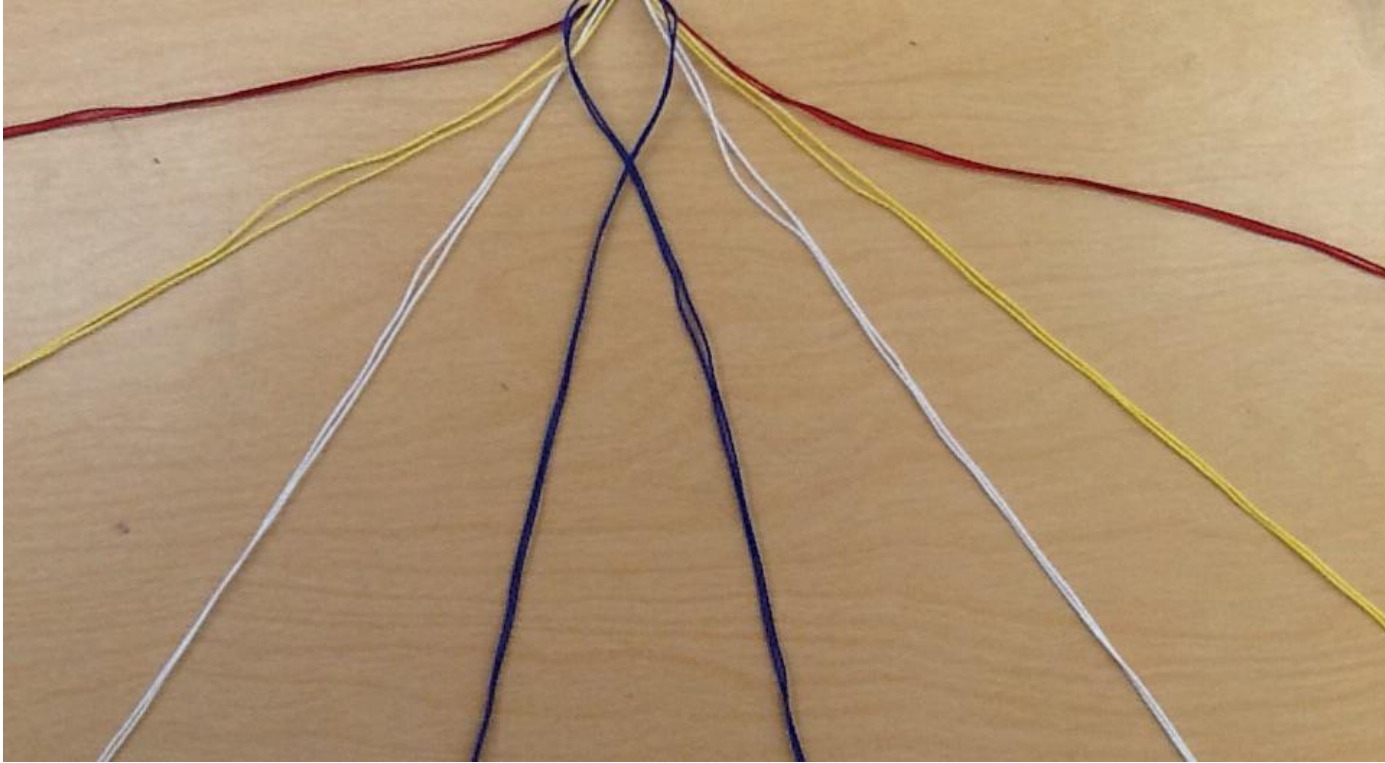
A fantastic group of parents helped by getting all the strings ready. They made knots and loops, which we will attach to your desks using tape.



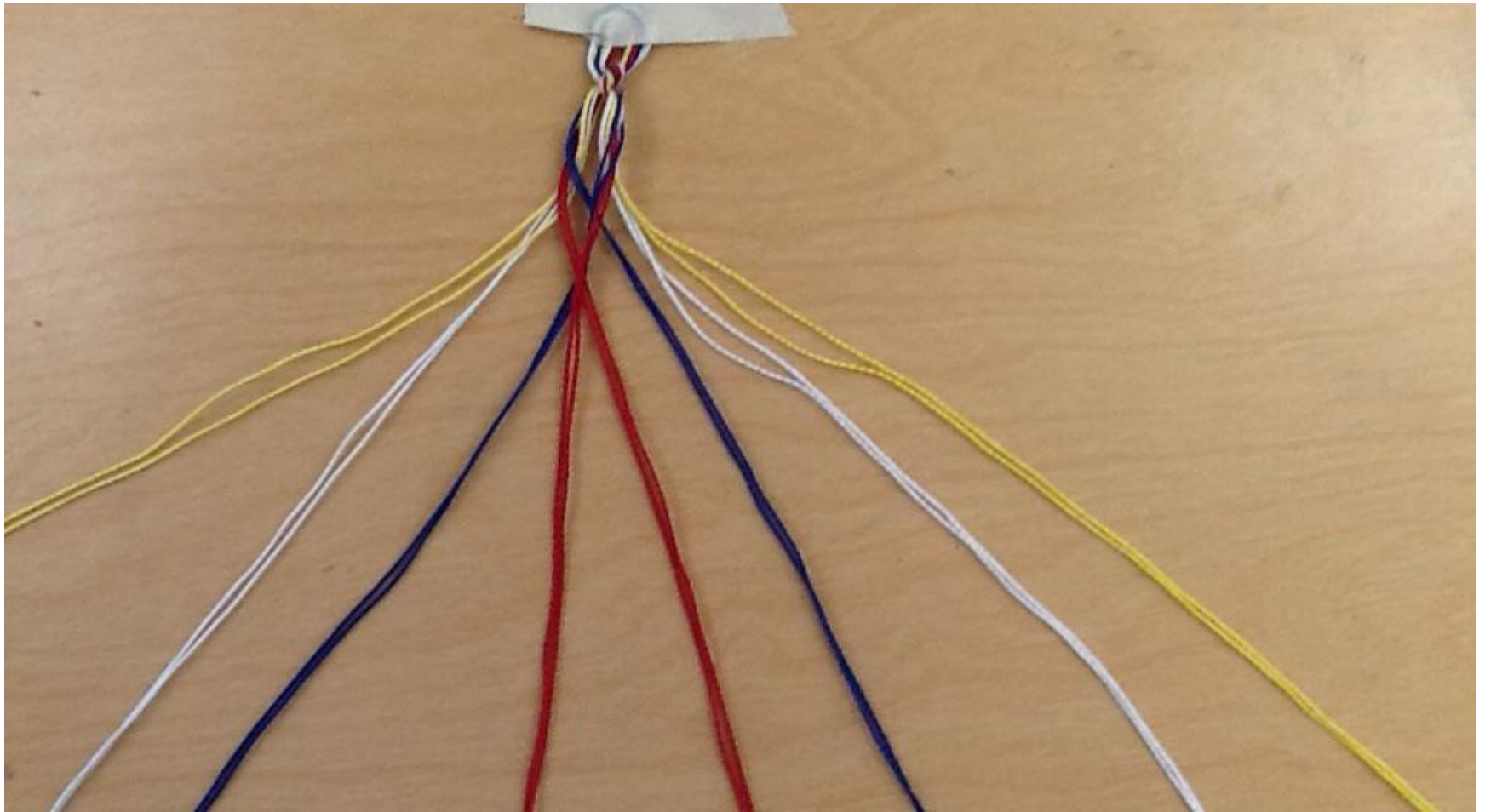
One on your desk you need to separate the colours, two blue strings from each side should be placed outside of all the other strings. Next do the same with the red strings, place them just inside the blue strings, next yellow and lastly place the white strings on the inside. Leave a space in the middle to place the strings as you bring them in.



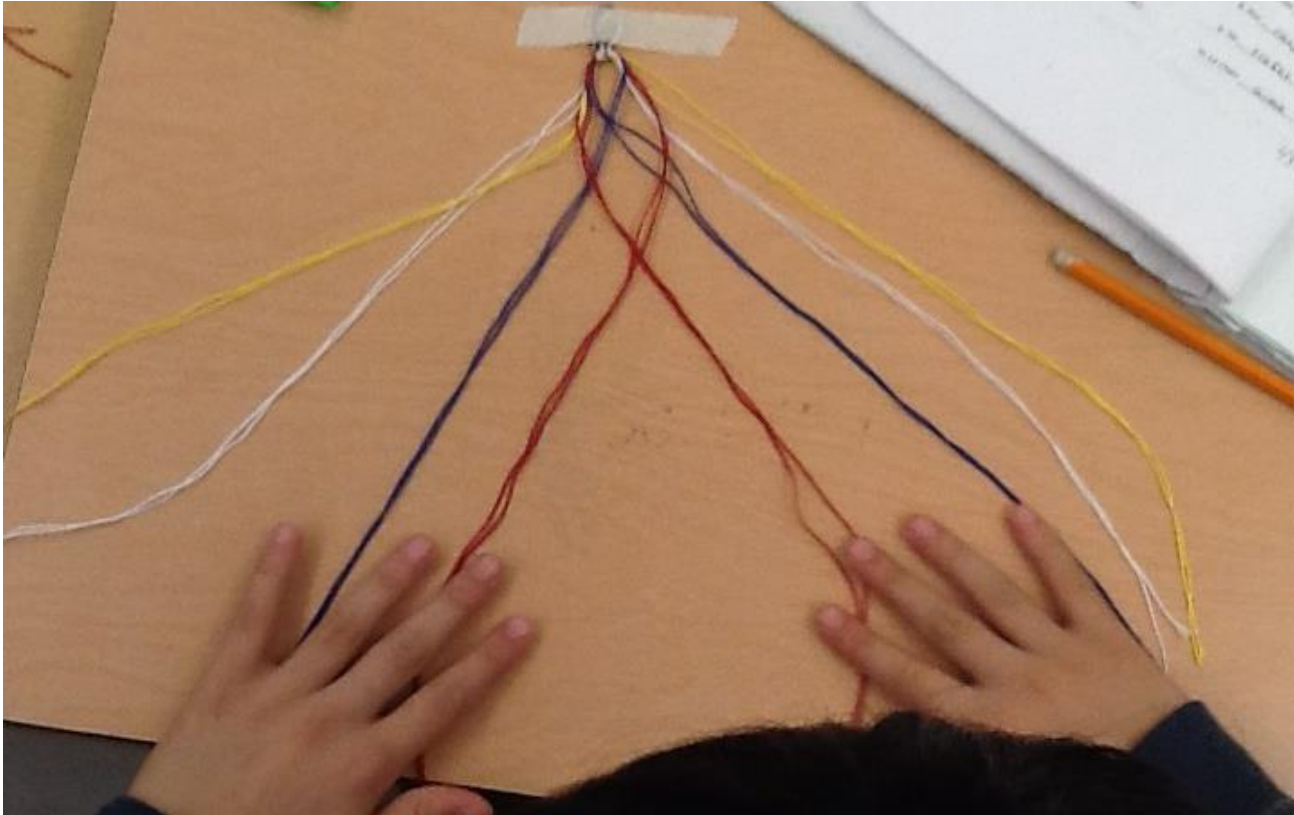
Start with the blue. Take both strings from the outside and bring them to the inside (inside the white strings). Before you put them down, cross them over each other. Now the two blue strings are on the inside and the red are on the outside.



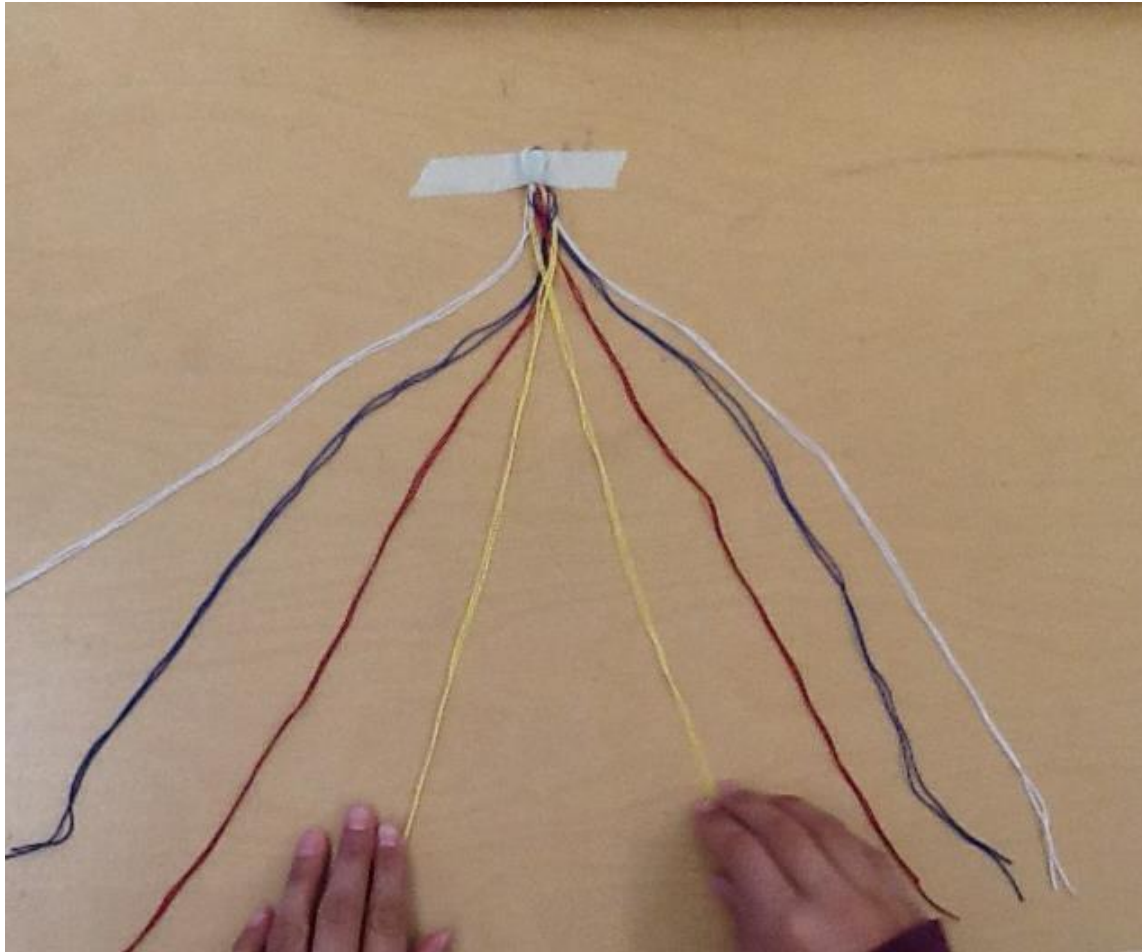
Do the same thing with the red string. Bring them to the inside and cross them, place them inside the blue strings (not on top or you will get confused!).



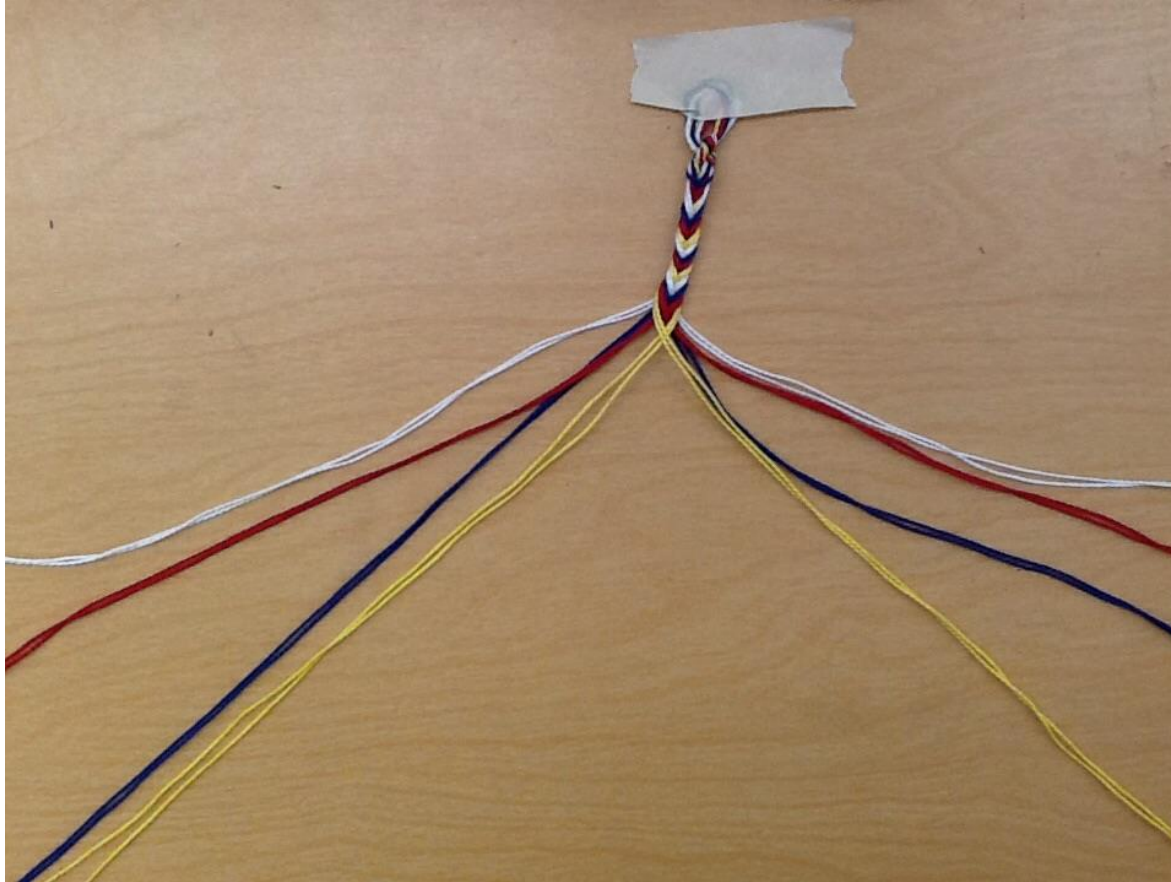
You will need to, from time to time, tighten your strings. You can do this by placing your hands flat on top of each group of strings (one on the 4 on the right, the other on the 4 on the left) and just slide all the strings outside more, creating room in the middle for putting new strings.



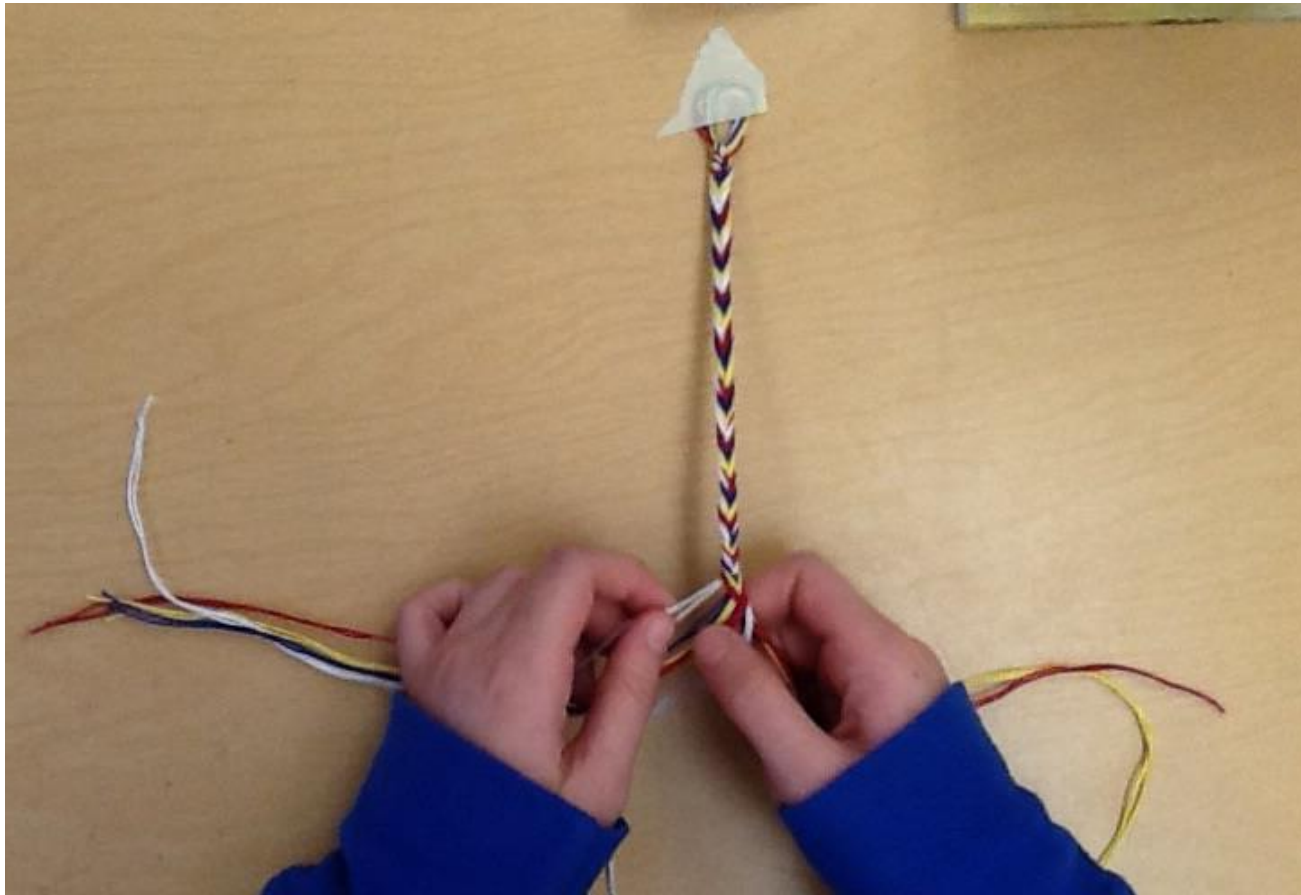
Now do the same with the yellow and then white string. Try not to mix up the order of your strings! Keep them all orderly and repeat the steps of bringing from the outside, crossing and placing on the inside and you will do great!



This is what it should look like after a while.



Another option is to try doing this, but holding the strings in your hands. Just be careful not to pull too tight or mix up the order of your strings.



When the bracelet is long enough to go around your wrist, stop.
Make a knot (ask for help if you need).

To attach this to your wrist, separate the remaining free strings after the knot into two groups. Pass one end through the loop at the other end (around your wrist) and then tie in another knot with the other loose ends (again you may need help).

Congratulations! You made a mini-ceinture fléchée or arrow sash.